A SUCCESS STORY!

Simon, a Latino male in his 50s, came into the clinic presenting with asthma. He works in a machine shop where he is regularly exposed to pulmonary irritants. As the primary provider for his family, Simon sought out care at Clinica Tepeyac because of our trusted reputation for culturally responsive service and affordability. Clinica Tepeyac’s bilingual provider was able to treat his asthma; however, a blood test identified two other conditions — Simon was diagnosed with diabetes and dangerously high iron levels. Using the team-based approach, our providers helped Simon learn to manage his diabetes through medication, diet and exercise, and they immediately began treatment to steadily reduce his iron levels. Furthermore, through a longstanding community partnership, Simon was able to receive a low-cost biopsy on his liver to screen for other potential co-occurring conditions. The result is that Simon is breathing easier, managing his diabetes and is able to continue working and providing for his family.